

T/Chief Constable
T/Chief Constable Darren Martland
Police Headquarters
Carleton Hall Penrith,
Cumbria
CA10 2AU



15th January 2026

Dear

FREEDOM OF INFORMATION REQUEST – FOI 1623/25 Arrests for the offence of 'encouraging serious self-harm to a child under Section 184 of the Online Safety Act 2023'.

I refer to your request for information which was received by Cumbria Constabulary on 19th December 2025. I note you seek access to the following information:

I am getting in touch with the following request under the Freedom of Information Act 2000:

- *How many arrests were made by your force in 2023 for the offence 'encouraging serious self-harm to a child under Section 184 of the Online Safety Act 2023'?*
- *How many people were charged in your force area for this offence in 2023?*
- *How many arrests were made by your force in the annual year 2024 for the offence 'encouraging serious self-harm to a child under Section 184 of the Online Safety Act 2023'?*
- *How many people were charged in your force area for this offence in 2024?*
- *How many arrests were made by your force in 2025 for the offence 'encouraging serious self-harm to a child under Section 184 of the Online Safety Act 2023'?*
- *How many people were charged in your force area for this offence in 2025?*

Your request for information has been considered, and I can advise you that there have been no records found for arrests/charges relating to section 184 of the Online Safety Act 2023 or for the offence of Encourage or assist serious self-harm by another,' therefore the response to your request is no information held.

Complaint Rights

If you believe your request has not been properly handled, or you are otherwise dissatisfied with the outcome of your request, you have the right to request an internal review.

In the first instance, please email freedomofinformation@cumbria.police.uk quoting the FOI reference number and explain why you are dissatisfied. Your complaint will be considered and a response will be provided to you after your complaint has been investigated.

If you remain dissatisfied following conclusion of the internal review, you have the right, under section 50 of the Freedom of Information Act, to complain directly to the Information Commissioner.

The address for the Information Commissioner can be found below:



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The Information Commissioner
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Complaints to the Information Commissioner can also be made online:

[Make a complaint | ICO](#)

I would like to take this opportunity to thank you for your interest in Cumbria Constabulary.



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