

T/Chief Constable
T/Chief Constable Darren Martland
Police Headquarters
Carleton Hall Penrith,
Cumbria
CA10 2AU



27th November 2025

Dear

FREEDOM OF INFORMATION REQUEST – FOI 1481/25 Street Triage Scheme

I refer to your request for information which was received by Cumbria Constabulary on 8th November 2025. I note you seek access to the following information:

Street Triage refers to a service where police officers work in collaboration with mental health professionals (e.g., NHS staff or crisis teams) to respond to incidents involving individuals experiencing a mental health crisis.

1. *Does your police force operate a Street Triage scheme as defined above?
(Yes/No)*
2. *If yes, does the Street Triage scheme cover the entire geographic area of your force?*
3. *Please provide the number of Street Triage incidents for each year as follows: 2021;
2022; 2023; 2024.*
4. *Is Mental Health First Aid (MHFA) training mandatory for frontline officers in your force?
(Yes/No)*
5. *If not, what mental health training is currently provided to frontline officers instead of (or
in addition to) MHFA?
Please include:*
 - *The name or type of training*
 - *Whether it is mandatory or optional*

Your request for information has now been considered and I can confirm Cumbria Constabulary does hold some information relevant to your request and where this is the case I have today decided to disclose this to you.

Question 1.

The force does not operate a Street Triage scheme.

Question 2.

Please see Question 1.

Question 3.

Please see Question 1.



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Question 4.

Mental Health First Aid (MHFA) training is available but not mandatory. The force does have some mental health first aiders.

Question 5.

The mental health training currently provided to frontline officers is:

- Defusing and demobilising training – Mandatory
- Supervisor wellbeing - Mandatory
- MH First Aider - Optional/Voluntary role
- Peer Diffusers - Optional/Voluntary role
- Local departmental initial training which includes managing stress and trauma training within for staff – Mandatory
- Leadership training – wellbeing – Mandatory

Whilst every care has been taken in the retrieval of the information provided, please do not hesitate to contact us for clarification, if you do have any issues or queries relating to this data.

Complaint Rights

If you believe your request has not been properly handled, or you are otherwise dissatisfied with the outcome of your request, you have the right to request an internal review.

In the first instance, please email freedomofinformation@cumbria.police.uk quoting the FOI reference number and explain why you are dissatisfied. Your complaint will be considered and a response will be provided to you after your complaint has been investigated.

If you remain dissatisfied following conclusion of the internal review, you have the right, under section 50 of the Freedom of Information Act, to complain directly to the Information Commissioner.

The address for the Information Commissioner can be found below:

The Information Commissioner
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Complaints to the Information Commissioner can also be made online:

[Make a complaint | ICO](#)

I would like to take this opportunity to thank you for your interest in Cumbria Constabulary.



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