

Chief Constable
Chief Constable Robert Carden
Police Headquarters
Carleton Hall Penrith,
Cumbria
CA10 2AU



7 March 2025

Dear

FREEDOM OF INFORMATION REQUEST – FOI 210/25

I refer to your request for information which was received by Cumbria Constabulary on 12 February 2025. I note you seek access to the following information:

Can you provide answers to the questions below:

- ***How many officers have there been in your Police Force for the years 2023, 2024, 2025?***
Please specify: Male/Female/Non Binary in each year.
- ***How many officers in your Police Force are classed as overweight or obese, in each year 2023, 2024, 2025?***
Can you specify: Male/Female/Non Binary in each year.
- ***How many Police Officers are currently on weight-loss drugs, paid for or reimbursed by the Police Force? 2023, 2024, 2025 (now) Can you specify: Male/Female/Non Binary in each year.***

Your request for information has now been considered and I can confirm Cumbria Constabulary does hold some information relevant to your request and where this is the case, I have today decided to disclose this to you.

Question 1

Gender	31/01/2023	31/01/2024	31/01/2025
Male	573	612	624
Female	425	464	471
Prefer not to say	14	16	14
Unknown	336	307	272

Please note that the Constabulary is unable to quote how many throughout the whole year and has had to quote a moment in time instead. The data provided above is taken from 31st January of each year requested.



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Question 2

The weight of a Police Officer is recorded as part of the appointment process to serve with Cumbria Constabulary however it is not routinely recorded again whilst in service, therefore I have determined that the Constabulary does not hold the information you have requested.

Question 3

The Constabulary does not offer any private funding to Police Officers for weight-loss drugs.

Whilst every care has been taken in the retrieval of the information provided, please do not hesitate to contact us for clarification, if you do have any issues or queries relating to this data.

Complaint Rights

Your attention is drawn to the attached sheet, which details your right of complaint.

I would like to take this opportunity to thank you for your interest in Cumbria Constabulary.



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