

Chief Constable
T/Chief Constable Darren Martland
Police Headquarters
Carleton Hall Penrith,
Cumbria
CA10 2AU



31 July 2025

Dear

FREEDOM OF INFORMATION REQUEST – FOI 702/25

Following our response to your Freedom of information Request 618/25 sent to you on 2 July 2025, I now refer to your revised request for information which was received by Cumbria Constabulary on 7 July 2025 where I note you seek access to the following information:

For the first week of May 2025 and the first week of June 2025 can you please provide all police contacts logged as 'Mental Health', categorised by age and gender.

Your request for information has now been considered and I can confirm Cumbria Constabulary does hold some information relevant to your request and where this is the case I have today decided to disclose this to you.

Sex	May	Jun	Grand Total
Female	31	34	65
Unknown	1	0	1
10-19	4	4	8
20-29	9	6	15
30-39	6	11	17
40-49	4	4	8
50-59	3	5	8
60-69	2	4	6
80-89	1	0	1
90-99	1	0	1
Male	24	35	59
10-19	1	1	2
20-29	1	9	10
30-39	5	6	11
40-49	6	10	16
50-59	3	4	7
60-69	5	2	7
70-79	1	2	3
80-89	2	1	3
Unknown	0	1	1
Unknown	0	1	1
Grand Total	55	70	125



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The information provided in response to your request has been extracted from the Constabulary's incident recording system. The date parameters used were 1st-7th May 2025 and 1st-7th June 2025.

Whilst every care has been taken in the retrieval of the information provided, please do not hesitate to contact us for clarification, if you do have any issues or queries relating to this data.

Complaint Rights

Your attention is drawn to the attached sheet, which details your right of complaint.

I would like to take this opportunity to thank you for your interest in Cumbria Constabulary.



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