

Chief Constable
Chief Constable Robert Carden
Police Headquarters
Carleton Hall Penrith,
Cumbria
CA10 2AU



3rd February 2025

Dear

FREEDOM OF INFORMATION REQUEST – FOI 43/25 Mental Health response/training

I refer to your request for information received by Cumbria Constabulary on the 9th of January 2025. I note you seek access to the following information:

Calls for Service: (For each of the years 2019 2020 2021 2022 2023)

- 1. Total calls for service 101 999*
- 2. Total number of call related to mental health*
- 3. Total number of calls related to suicide*
- 4. Total number of safe and well checks per year.*

Recruitment and retention (For each of the years 2019 2020 2021 2022 2023)

- 5. Total number of police officers recruited as student officers each year*
- 6. Total number of resignations/dismissals from those recruited in the first 24 months of service*

Training (For each of the years 2019 2020 2021 2022 2023)

- 7. Total number hours allocated to National Decision Model (NDM) Training for student officers in their first 24 months service.*
- 8. Is there an assessment process that assesses student officers' decision making in the first 24 months service.*
- 9. If yes, please provide details of the assessment process used.*
- 10. Does your force have NDM assessors specifically tasked with reviewing decision making of student officers making in the first 24 months service?*
- 11. If no, is this part of the Police Action Checklist (or equivalent) for student officers with their tutor constable?*
- 12. Does your force routinely review student officers' decision making to ensure it is accurate, consistent and effective.*
- 13. If yes, please provide the details of the review process and explain the methodology by which decisions are considered accurate, consistent and effective.*
- 14. How many training sessions, by breakdown of mandatory training and additional training have been delivered to student officers on mental ill health, suicide, and suicide prevention in the first 24 months service.*
- 15. How many training sessions, by breakdown of mandatory training and additional training have been delivered to student officers on the college of policing suicide and bereavement response in the first 24 months service?*
- 16. Does your force train preventable harm to student officers in the first 24 months of service?*
- 17. If yes, please provide details of the training delivered and the learning outcomes.*



EMPLOYER RECOGNITION SCHEME

BRONZE AWARD

Proudly supporting those who serve.



LEADER



Procedure (For each of the years 2019 2020 2021 2022 2023)

18. Does your force have a standalone suicide prevention policy?
19. If yes, please provide details of that policy or a copy of it.
20. Was your force engaged in the Department of Health and Social Care National Partnership Agreement: Right Care, Right Person RCRP?
21. Has your force engaged with the Crisis Care Concordat' CCC that existed since 2014 to ensure partner agencies worked together to deliver a high-quality response in cases of mental illness?
22. Does your force operate a mental health triage care (or equivalent)
23. If yes, please provide details of the date the unit became effective, the shift pattern hours and the total number of officers allocated to this unit.

Prevention of future death reports (For each of the years 2019 2020 2021 2022 2023)

24. Total number of prevention of future death reports issued by the Coroner to the Chief Constable
25. Of those reports, the total number that related to a suicide incident.
26. Of those reports, the total number that related to a death following police contact.

Your request for information has now been considered and I can confirm Cumbria Constabulary does hold some information relevant to your request and where this is the case I have today decided to disclose this to you.

The information provided in response to Questions 1-4 has been extracted from the Constabulary's Incident Recording System. Please note that mental health data cannot be provided in relation to calls as there is no flag for this to easily extract the data. However, the Constabulary do have a mental health flag within incident recording therefore the information provided in response to questions 2&3 is in relation to incidents not calls.

With regards to question 4, Cumbria Constabulary do not perform safe and well checks, therefore the response to this question is no information held.

Questions 1-4

Calendar Year	101 Total Volume	999 Total Volume	Incidents with mental health tag	Safe and well checks	Incidents with the suicide or attempted suicide tag
2019	93,622	37,889	2,144	N/A	Unavailable
2020	156,577	57,831	4,514	N/A	138
2021	140,267	64,296	5,344	N/A	111
2022	116,821	71,241	5,387	N/A	63
2023	112,432	76,652	4,764	N/A	56

The information in response to questions 5&6 has been provided by the Constabulary's Human Resources department. Please note that those who left in a year may not necessarily be from the group of people who were recruited in that same year.

Question 5&6



EMPLOYER RECOGNITION SCHEME

BRONZE AWARD

Proudly supporting those who serve.



Year	Number of student officers who joined	Number of officers leaving during first 2 years' service
2019	111	12
2020	110	7
2021	106	11
2022	123	26
2023	119	15

The information in response to questions 7-17 has been provided by the Constabulary's Training Department

Question 7 – Student officers get classroom input on the NDM which is a 2-hour input. They then partake in a practical decision-making class of 3 hours, with a police-based scenario, break out groups and each supervised with feedback.

Question 8 – Yes

Question 9 – The PCEP students have 2 assessed role plays in addition to their usual regular role plays in which their decision making is assessed. PCDA students have had assessments throughout their 3-year programme where their decision making is assessed including an investigation workbook and presentations.

Students are also required to document their decision making to achieve their IPS (independent patrol status) and OCP (Operational competence portfolio).

Question 10 – No

Question 11 – No

Question 12 – Yes

Question 13 – Through IQA and as part of overall management. Methodology used is standardisation events.

Question 14 – Student officers receive a full day session within their initial training on mental health which is co-delivered by police and the NHS mental health police liaison. This covers suicide and suicide prevention and is mandatory for all students.

Question 15 – As above. Students are also signposted to the College of Policing Approved Professional practice within the mental health session.

Question 16 – Not specifically but areas such as safeguarding sessions have an element of this.

Question 17 – No information held.

The information provided in response to questions 18-22 has been provided by the Constabulary's lead for mental health and suicide prevention.

Question 18 – No. The force does not have a standalone suicide prevention policy. Suicide prevention approaches are led by the local authorities and the force has been heavily



EMPLOYER RECOGNITION SCHEME

BRONZE AWARD

Proudly supporting those who serve.



involved in the recent creation of a multi-agency suicide prevention strategy. This went live late in 2024, and multi-agency governance has been set up to deliver and manage the new strategy and action plan.

Question 19 – Yes.

Question 20 – Yes.

Question 21 – A mental health street triage has been in operation in part of the county however this is currently paused due to an ongoing review.

Question 22 – No information held

The information in response to questions 23-25 has been provided by the Constabulary's Legal Department.

Question 23 – No information held

Question 24 – No information held

Question 25 – No information held

Whilst every care has been taken in the retrieval of the information provided, please do not hesitate to contact us for clarification, if you do have any issues or queries relating to this data.

Complaint Rights

If you believe your request has not been properly handled, or you are otherwise dissatisfied with the outcome of your request, you have the right to request an internal review.

In the first instance, please email freedomofinformation@cumbria.police.uk quoting the FOI reference number and explain why you are dissatisfied. Your complaint will be considered and a response will be provided to you after your complaint has been investigated.

If you remain dissatisfied following conclusion of the internal review, you have the right, under section 50 of the Freedom of Information Act, to complain directly to the Information Commissioner.

The address for the Information Commissioner can be found below:

The Information Commissioner
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Complaints to the Information Commissioner can also be made online:

[Make a complaint | ICO](#)

I would like to take this opportunity to thank you for your interest in Cumbria Constabulary.



EMPLOYER RECOGNITION SCHEME

BRONZE AWARD

Proudly supporting those who serve.





EMPLOYER RECOGNITION SCHEME

BRONZE AWARD

Proudly supporting those who serve.

