

T/Chief Constable
T/Chief Constable Darren Martland
Police Headquarters
Carleton Hall Penrith,
Cumbria
CA10 2AU



18th August 2025

Dear

FREEDOM OF INFORMATION REQUEST – FOI 1153/25 Rasso Investigations

I refer to your request for information which was received by Cumbria Constabulary on 30th July 2025. I note you seek access to the following information:

1. *Between 1 April 2024 and 1 July 2025, how many RASSO investigations the force undertook.*
 - a. *Of these, how many investigations included the request of the victim's counselling records?*
 - b. *Of these, how many led to court orders to obtain said therapist records?*
 - c. *And how many cases were dropped after the therapist refused to hand over the records?*
2. *During the same timeframe, has the force been investigated by ICO for a data breach, regarding the request of a victim's counselling records?*
 - a. *If so, how many times?*

Your request for information has now been considered and I can confirm the information you seek may be held by Cumbria Constabulary. However, to answer the questions it would require a manual search of all of the relevant records related to the request.

To acquire the information related to your request it would involve an in depth look at each and every case to see which ones included the request of a victims counselling records. I believe this would exceed the appropriate limit.

The "appropriate limit" is set out in the Freedom of Information and Data Protection (Appropriate Limit and Fees) Regulations 2004 and the current limit for police forces is set at £450, which equates to 18 hours of work.

Section 12(1) of the Freedom of Information Act does not oblige a public authority to comply with a request for information, if the authority estimates that the cost of complying with the request will exceed the appropriate limit. In view of this, and in accordance with Section 17(5) of the Act, this letter serves as a Refusal Notice for your request.

Notwithstanding the above, in anticipation it will still be of interest to you, it is possible to provide you with some of the information requested in the remaining questions, as it was possible to retrieve this information directly. This is information I would otherwise have advised you to submit a revised request to seek disclosure of in accordance with the duty to provide advice and assistance.

Question 2.

There has not been any contact from the ICO in relation to the force being investigated for a data breach regarding the request of a victim's counselling records.



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Complaint Rights

If you believe your request has not been properly handled, or you are otherwise dissatisfied with the outcome of your request, you have the right to request an internal review.

In the first instance, please email freedomofinformation@cumbria.police.uk quoting the FOI reference number and explain why you are dissatisfied. Your complaint will be considered and a response will be provided to you after your complaint has been investigated.

If you remain dissatisfied following conclusion of the internal review, you have the right, under section 50 of the Freedom of Information Act, to complain directly to the Information Commissioner.

The address for the Information Commissioner can be found below:

The Information Commissioner
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Complaints to the Information Commissioner can also be made online:

[Make a complaint | ICO](#)

I would like to take this opportunity to thank you for your interest in Cumbria Constabulary.



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