

Vigilance and Reassurance

Cumbria Constabulary is committed to working and supporting all of our local communities.

We want everyone to live and enjoy their lives free from the fear of crime, being harassed, bullied or abused.

You may have concerns following recent international events, however Cumbria Police can assure you that hate crime and racial harassment will not be tolerated.

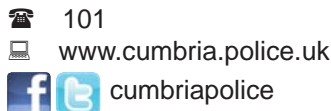
We have high profile patrols at prime locations throughout the area and continue to work with community and faith leaders.

Practical Advice:

- Be vigilant
- Report all harassment, whether it is verbal, physical or psychological, to the police. Should you be a victim of such an incident, where possible retain any offensive literature, mobile phone messages or objects used in any such attack. Remember even if someone spits at you the police can obtain DNA evidence to help trace the offender
- Report suspicious vehicles or people to the Police
- Liaise with the police, and get advice on how to best tackle the problem of harassment
- Do not open suspicious packages
- Review your security arrangements regularly



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Please provide information to the Police of any activities which give you cause for concern.

Key Police contact details:

- Report any suspicious activity to Police on 101
- You can report a crime online at: www.cumbria.police.uk
- You can also report a hate crime at Hate Incident Reporting Centres, you can find your nearest centre at www.cumbria.police.uk
- In an emergency, or if a crime is in progress call Police on 999

You can also contact:

- Crimestoppers anonymously on 0800 555 111
- Anti-terrorist Hotline: 0800 789 321
- AWAZ Cumbria
(independent organisation - Voice of Black and Minority Ethnic (BME) People and Communities in Cumbria)
CALL us on 0800 0232792 or 07791 601640
Report to us via TEXT on 07537 402350

E-mail: information@awaz.info

Web: www.awazcumbria.org

Report Hate Incidents Online - www.reporth8crime.org



scan this code with your smartphone to visit our website



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101



www.cumbria.police.uk



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