

GET RESTORATIVE JUSTICE

Restorative Justice is about bringing victims and their offenders together to talk about what happened and explain how the crime has affected them. Taking part can be a very positive experience for everyone involved.

HOW DOES RESTORATIVE JUSTICE WORK?

Restorative Justice is a voluntary process which can only happen if all parties are willing and suitable to take part. It could involve a carefully planned face to face meeting, known as a conference, or an exchange of letters.

WHAT HAPPENS DURING THE CONFERENCE?

If you choose to take part in a conference, a trained Restorative Justice facilitator will work with you to help you prepare for it. They will give you support throughout the process, making sure the conference is as relaxed as possible and safe for everyone. You may be able to take a family member or friend with you for support. At the conference you'll be able to have your say, ask questions, and find out how the crime has affected each person taking part.

"I found it to be a brilliant process, very positive and worthwhile. I had a few questions in my head that I needed to ask, which the individual answered very truthfully."
VOICE OF A VICTIM

"I was the only one there that night...the only one who could give them the answers they were looking for...it was the least I could do."
VOICE OF AN OFFENDER

"You have to open and you have to be honest, it's very emotional, it's not for everybody... I had to do it for them."
VOICE OF AN OFFENDER

"Actually finding forgiveness for this man wasn't difficult when I consider the alternative which was being stuck in a place where anger and pain were eating away like a cancer from the inside. In fact it was the best decision I've ever made."
VOICE OF A VICTIM

HOW CAN I GET RESTORATIVE JUSTICE?

To speak to someone for an informal chat call **0845 8509388** or email **rjenquiries@cl.probation.gsi.gov.uk** or **rjhub@cumbria.police.uk**

A trained facilitator will contact you to discuss what you would like from the process. If you're not ready for a face-to-face conference, then other methods of communication can be explored. For more information or to watch a short film about Restorative Justice, visit: **www.clcrc.co.uk**

Cumbria Restorative Services Hub

- Commissioned by Cumbria Police Crime Commissioner
- Managed by Cumbria and Lancashire Community Rehabilitation Company
- In Partnership with the Cumbria Constabulary, the National Probation Service, Cumbria Youth Offending Service and Cumbria Housing Providers.



WANT TO MOVE ON AFTER A CRIME?





IF I AM A VICTIM – HOW WILL IT HELP ME?

Restorative Justice gives you a voice – it can give you the answers you've been looking for. You might want to know why the crime happened to you, and you may want an assurance that you won't be harmed again by the same person. You can talk about how the crime has affected you and your family, allowing the offender to truly understand the impact of their crime.

IF I AM AN OFFENDER – HOW WILL IT HELP ME?

Restorative Justice can help you to move on from crime and re-build your life. It gives you an opportunity to understand how your actions have affected other people so that you don't re-offend in the future.

Restorative Justice will only work if you have accepted responsibility for your actions. You should be ready to explore ways to make amends for the harm you have caused. Meeting your victim can be an emotional experience but we can help you to prepare for it.

