

If you have been accessing indecent images of children online what can you do?



After your arrest, you will be shocked and distressed – but you may also feel a sense of relief that what you have been doing is no longer a secret.

Now is an opportunity to get help

This can be a very stressful time for you and for your family, as everyone struggles to cope not only with what has happened, but with anxieties about the future.

You can talk to us

Knowing who you can talk to is the first step in getting the right help and support. **The Lucy Faithfull Foundation (LFF)** is a leading child protection charity working to prevent the sexual abuse of children. We work with people who have sexually harmed, or fear they may harm a child, including those who commit offences on the Internet. We also work with their families and those close to them, to help them address the questions and issues the behaviour has raised.

The **Inform Plus programme** is a ten week course for groups of 6-8 individuals who have been arrested, cautioned or convicted for internet offences involving indecent images of children.

Facilitated by LFF specialist staff, it provides an opportunity for you to explore your offending behaviour in a structured but supportive environment, and to devise strategies for avoiding future internet offending.

The course includes:

- The behavioural process involved in this type of offending
- The effects on child victims
- The impact of your behaviour on you and those close to you
- Information about the criminal justice system
- Identifying goals for a positive future lifestyle.

The information you share during the sessions will remain confidential unless:

- It raises concerns about a child at risk
- You disclose previously unreported offences
- It has been agreed in advance to share information about your progress with other agencies.

Wherever possible, we are keen to offer a programme to your family or friends to help them understand and deal with the impact and implications for themselves and the family.

If you cannot attend one of our group programmes, it may be possible for us to deliver this programme on a one-to-one basis. Please contact our office on 01372 847160 for more details.

How much does *Inform Plus* cost?

The Inform Plus course runs over 10 weeks with each session lasting 2½ hours. Sessions are currently run in the evening. As a charity, we have to make a charge to help cover our costs. The cost to participants is £780 payable in advance. If you require a one-to-one programme, the cost is £880. If this is beyond your means, please let us know and we will try to explore top-up funding from other sources.

What to do now

For course details, please call 01372 847160 and ask for our **Internet Services Administrator**.

Additional information on the services we provide can also be found on www.lucyfaithfull.org.uk



0808 1000 900 or
help@stopitnow.org.uk

www.stopitnow.org.uk The Stop it Now! confidential freephone Helpline is available for you to call and discuss any immediate issues you have with trained operators who can offer confidential and impartial advice. They will help you explore options, including managing future behaviour. This service is available to anyone who has been arrested, cautioned or convicted for accessing indecent images of children online, their partners, relatives and friends.



Working to Protect Children